

Trish Springsteen

Mentor, Speaker, Coach and Author



Trish Springsteen is A Creative Business Consultant, Australia's Leading Expert in Empowering Introverts, a multi-international award winning mentor, speaker, international best selling author and host of Get Known Be Seen WebTV.

Trish is passionate about helping you to have the confidence and self-belief to make speaking easy. From her own personal experience she knows what it is like to feel invisible. Trish works with you to Get Known Be Seen and make it easy for your clients to find you and connect with them.

Trish Believes in You until You Believe in Yourself. Trish's personal journey to confidence and self-belief has shown her how powerful you can be when you believe.

Trish is the Winner of 2018 BPW Northlakes Inspirational Woman Award and Gold Winner in the 2016 Women World Awards Woman of the Year - Mentor or Coach of the Year.

Trish is the author, co-author and contributing author of 17 books. Her latest is contributing author to "Power of Why".

SUGGESTED TOPICS:

- Creating Confident Communicators – how important are speaking skills in your business
- Get Known Be Seen – making it easy for your clients to find you – how to avoid content overload by Repurposing and Leveraging
- Journey of an introvert speaker – how to harness your energy to step up into the spotlight, speak and network
- Mindset lessons for Life and Business – what 60 seconds of insane courage can do – sharing my story
- Leaving a Legacy – we all have a story – what is stopping you

SUGGESTED QUESTIONS:

Why are speaking skills important to business?

What has been the biggest challenge as an introvert speaker?

What is the difference between a good speaker and a memorable speaker?

How can you get Get Known Be Seen?

"I have had Trish Springsteen as a guest and she is smart, funny and knows a lot about Speaking." **Joanne Victoria, The San.It Project Podcast**

"I just listened to Trish Springsteen on the radio show. I love your pearls of wisdom about how to give positive feedback to encourage support grow and improve. You are an inspiration Trish. Thank you for your down to earth wisdom." **Rhonda Ohlson, Women Shine**

"Trish presented at our Strong Woman Project Talks event in Brisbane and she was simply phenomenal. A wonderful speaker with amazing content. We would welcome her back at any stage." **The Strong Woman Project**

Contact Details

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Trish has appeared on:

Candid Talks with Pati Maez

Bringing Business to Retail Salena Knight

ABI Online Radio Fred Gillen

Ambitious Entrepreneur Podcast Network